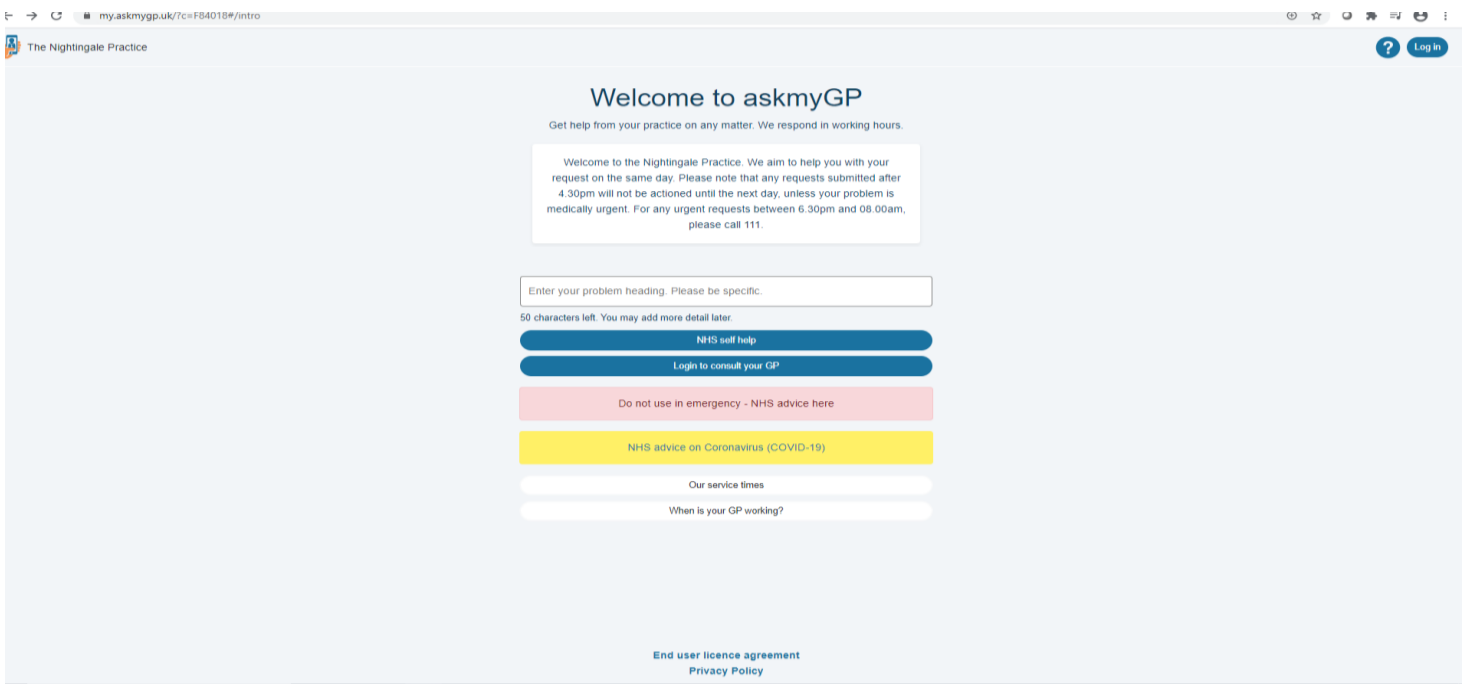


**instructions for patients using AskMyGP for the first time**

1. Click on the AskmyGP logo on the website.

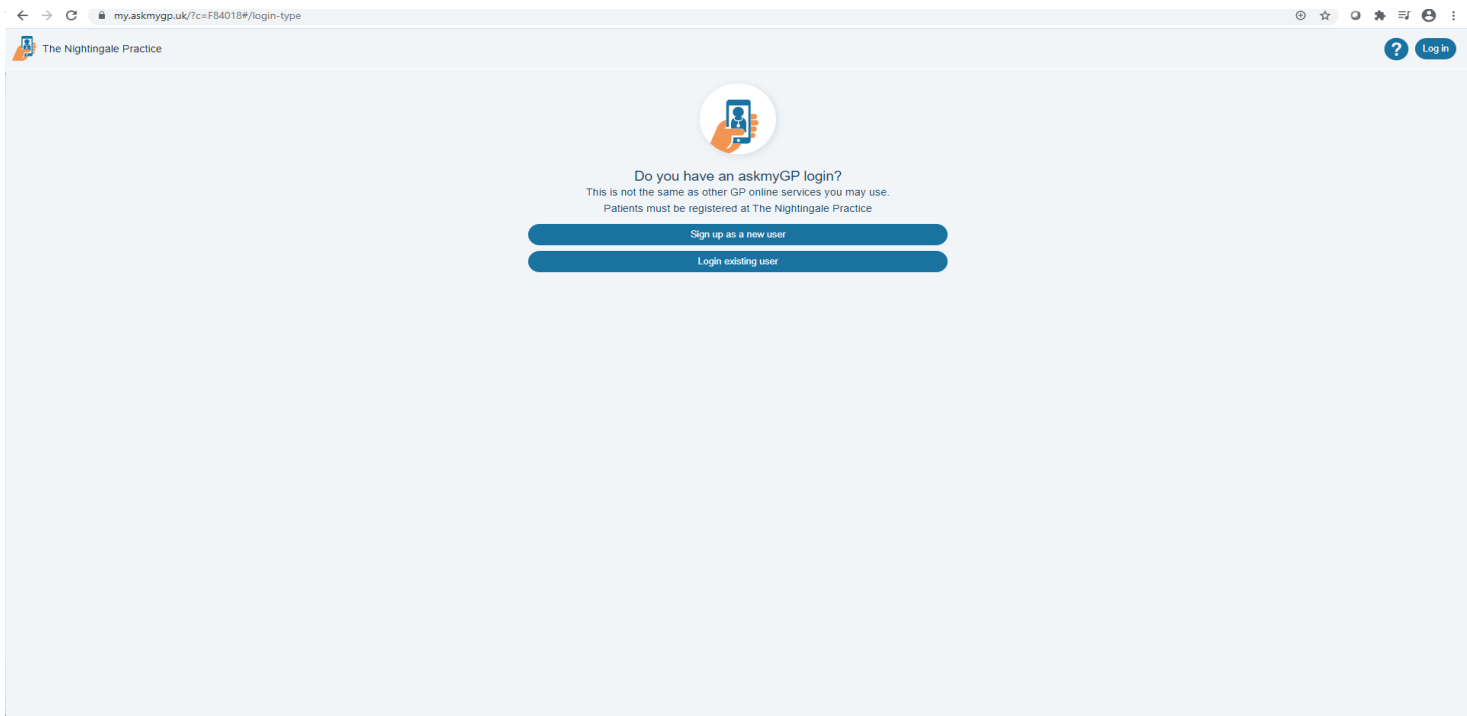


2. This will take you to the askmyGP website

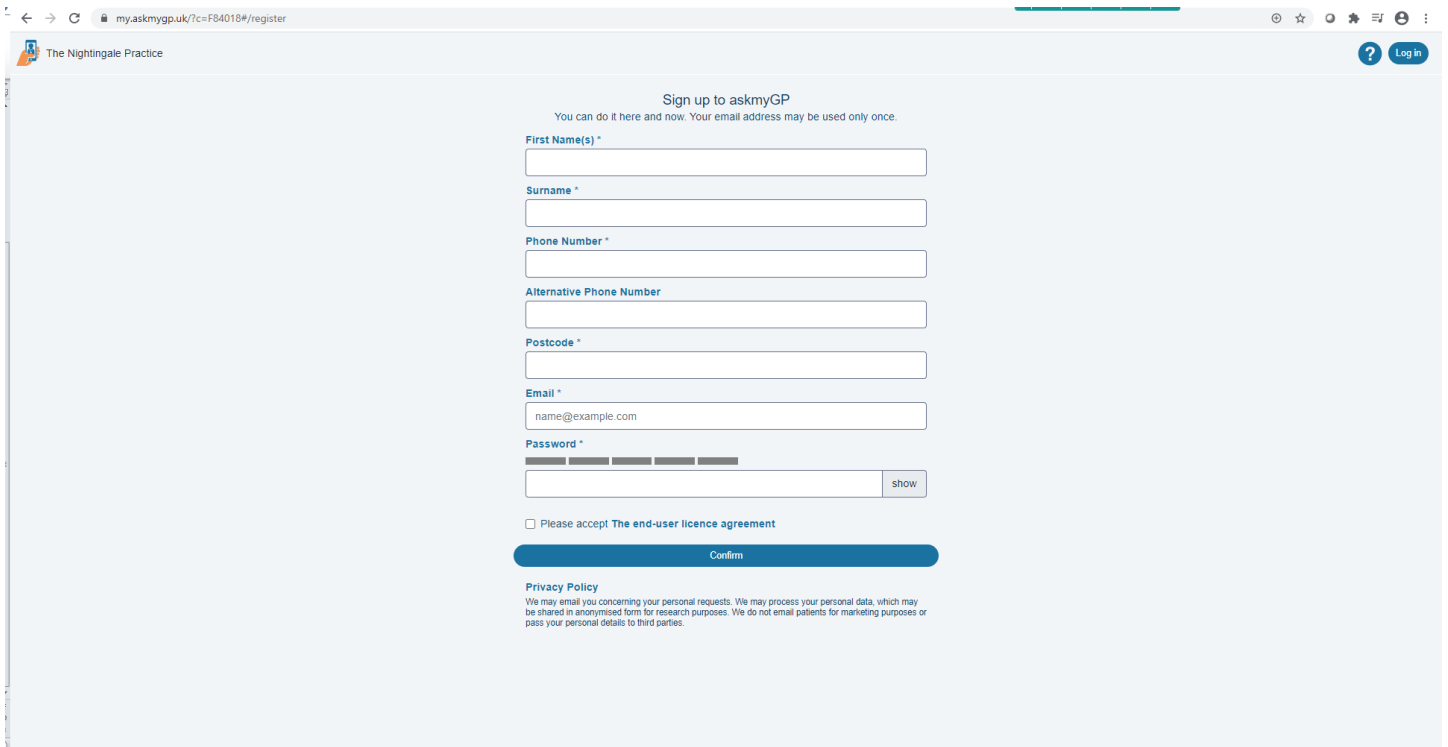


3. Click on “login to consult your GP”

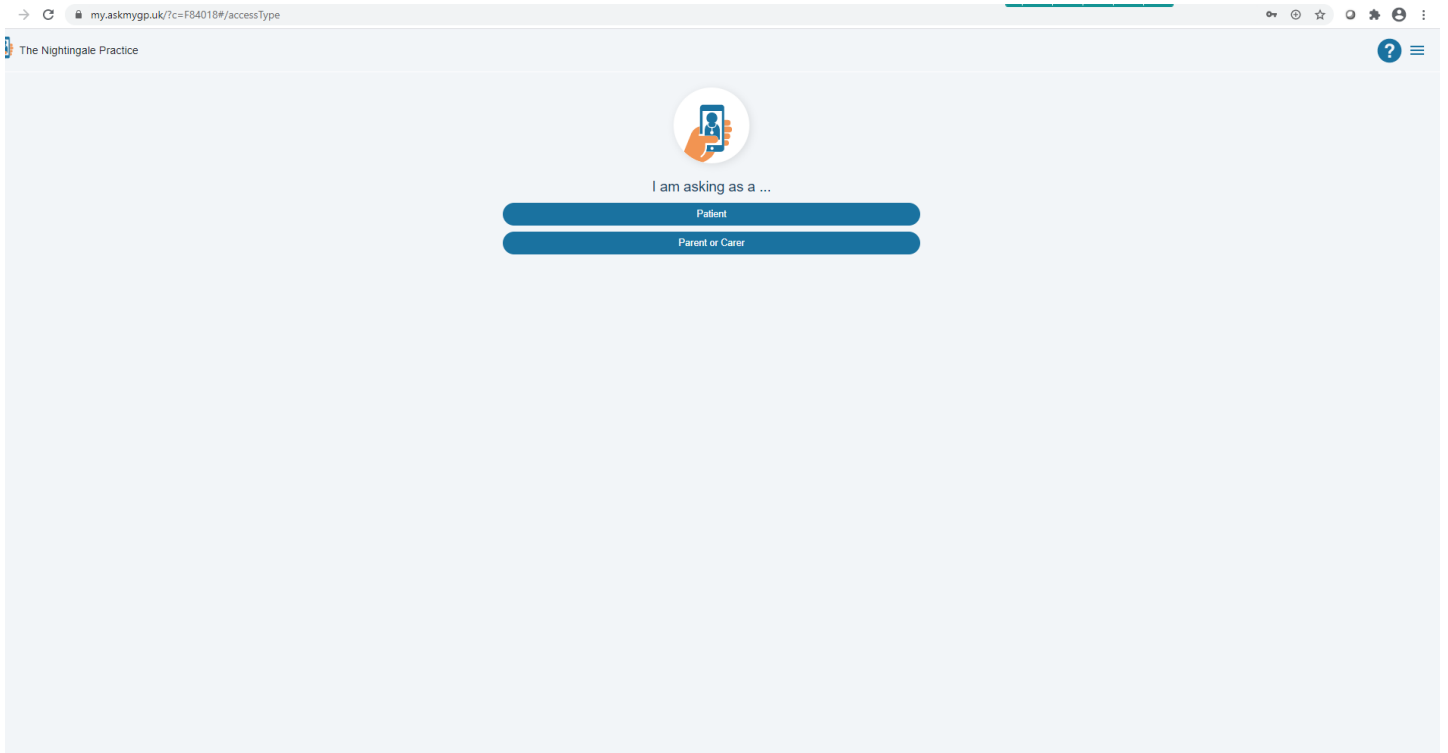
4. Click on “sign up as a new user”



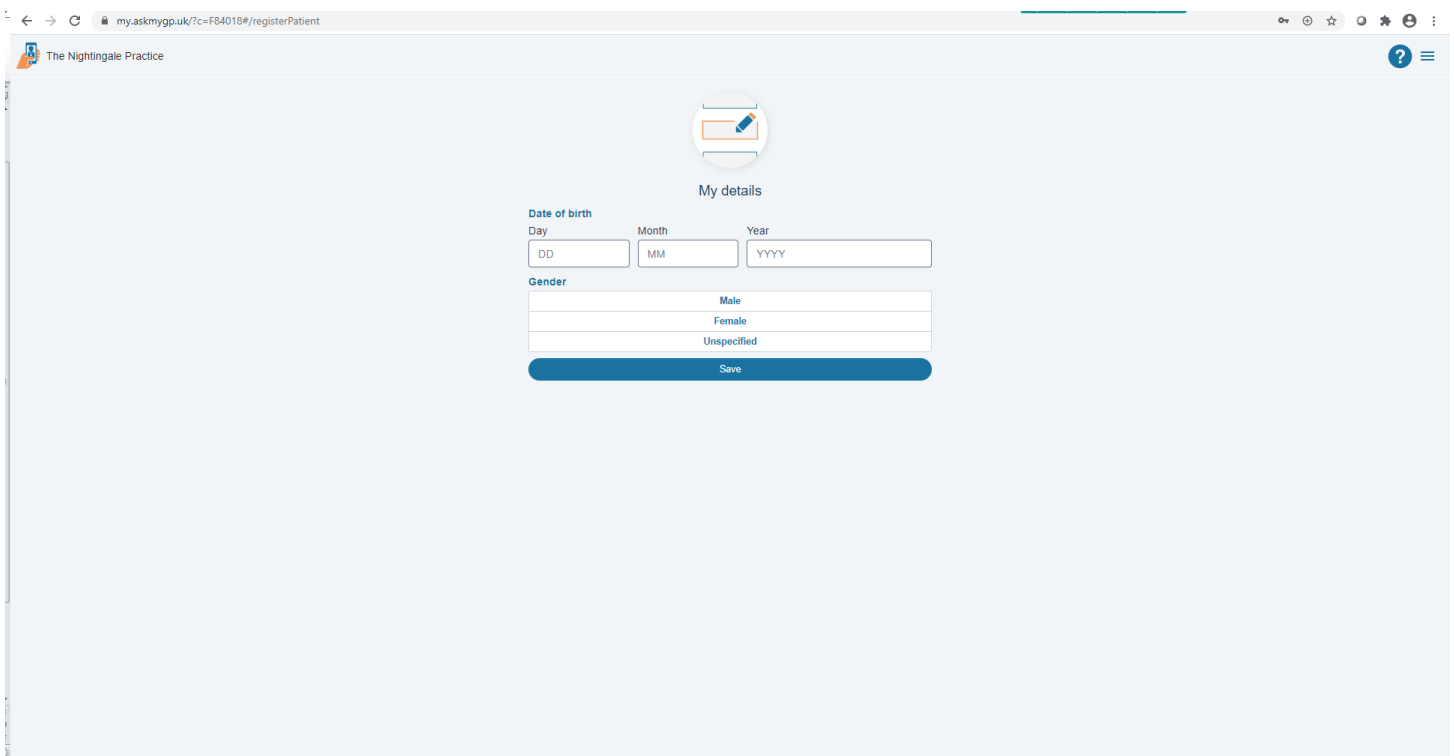
5. You will be asked to add your personal information, to create a password and then tick the “please accept The end-user licence agreement” box then click confirm.



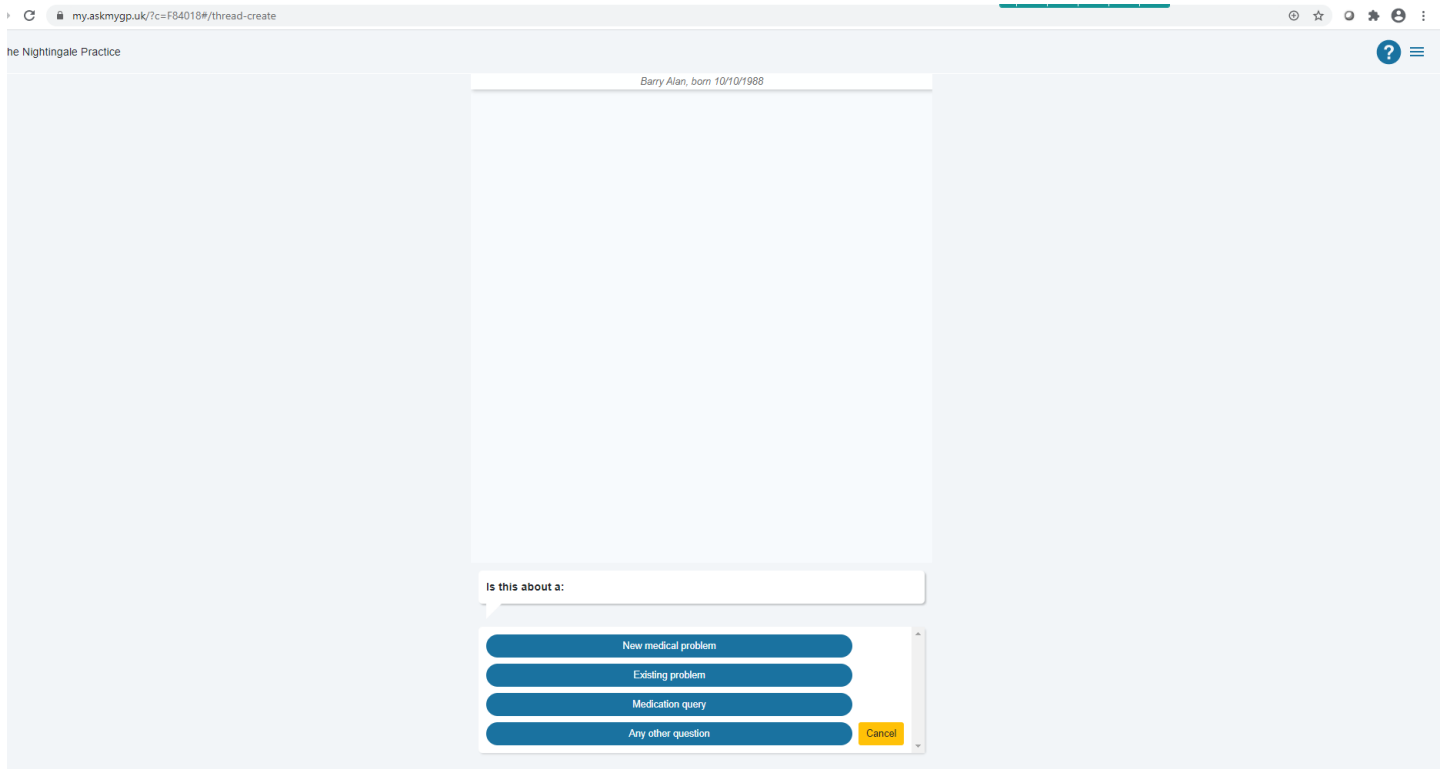
6. Click on I am a patient. Or if you are a parent or carer.



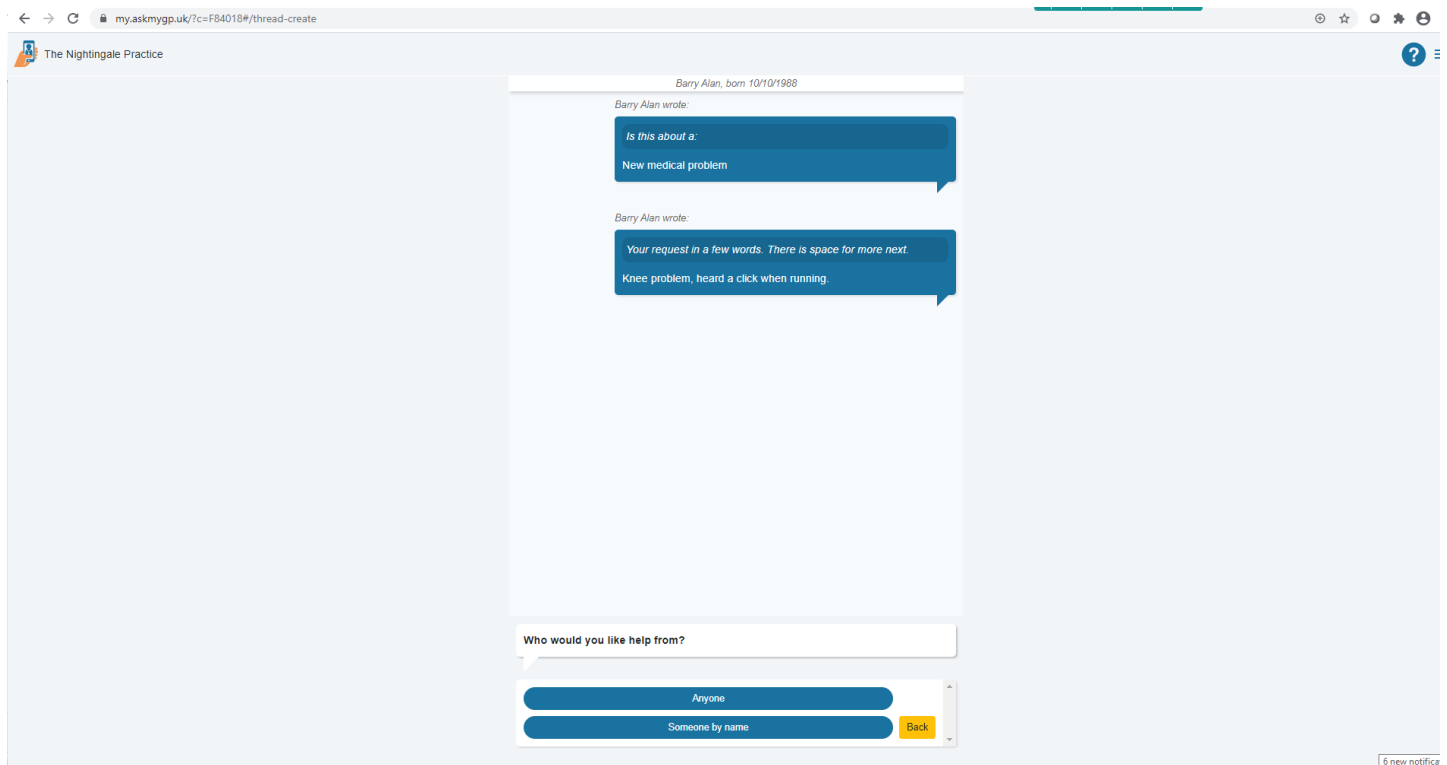
7. You will then be asked to put in your date of birth and gender.



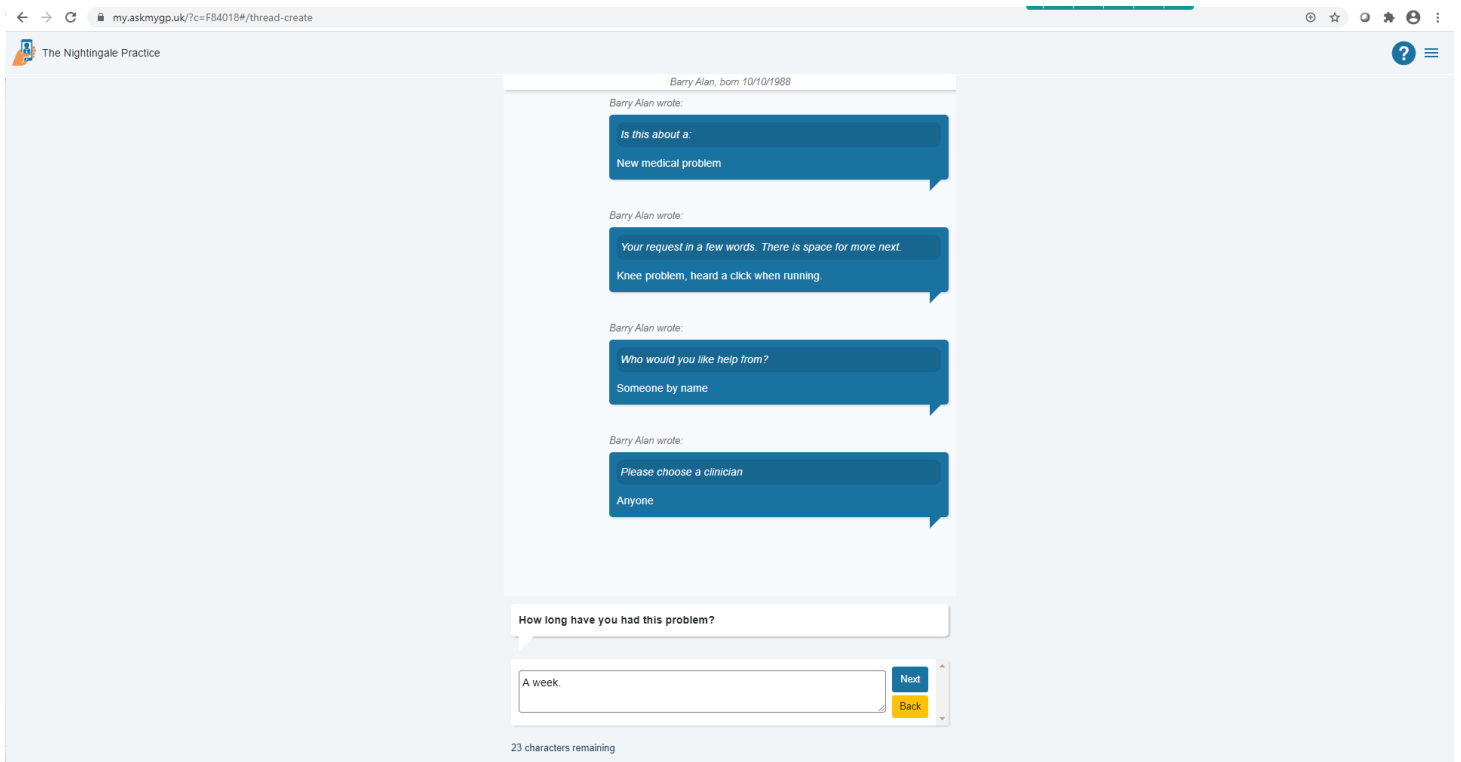
8. You will then be able to fill in your request. Select whether it is a “New medical problem” “Existing problem” “Medication query” or “Any other question”



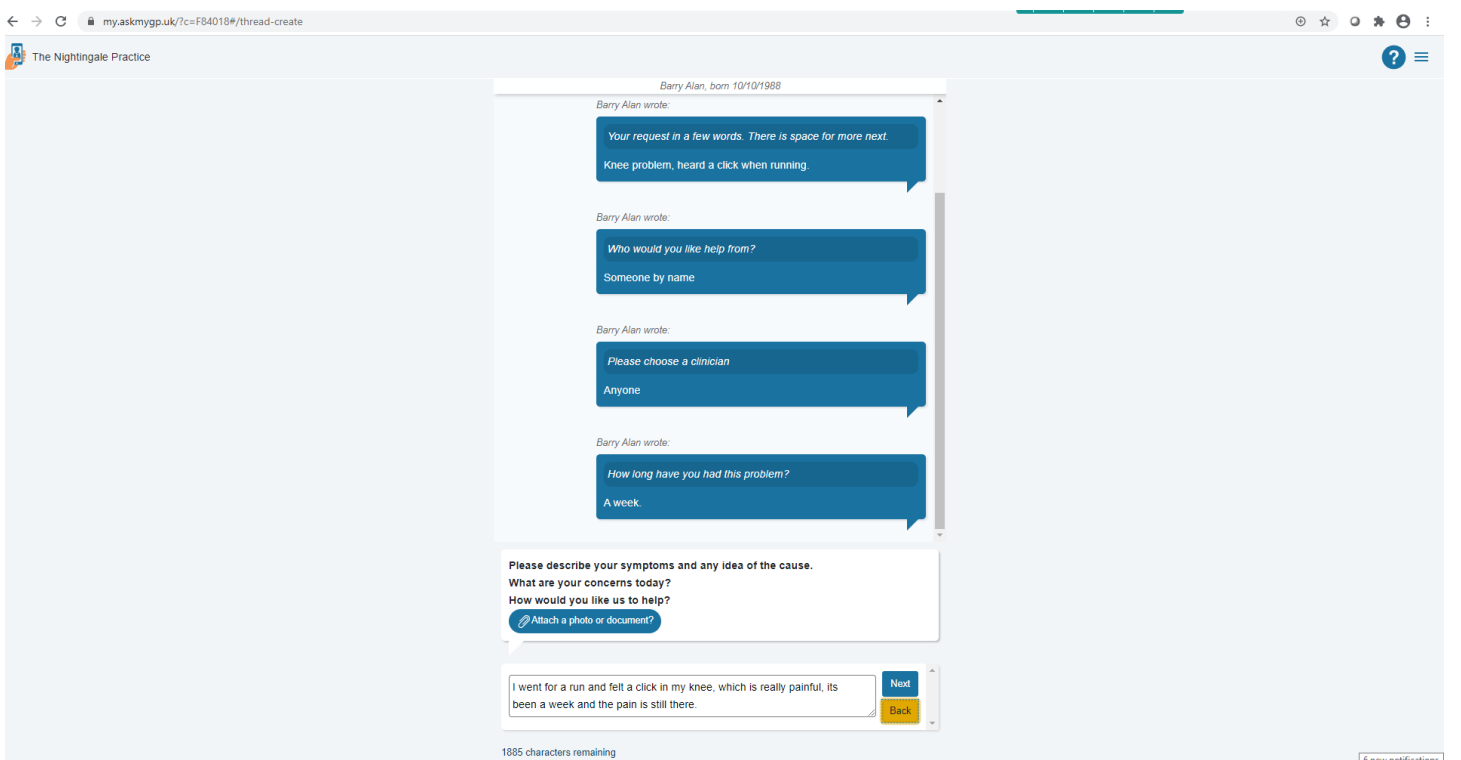
9. You will then be asked who would you like help from? Anyone or someone by name.



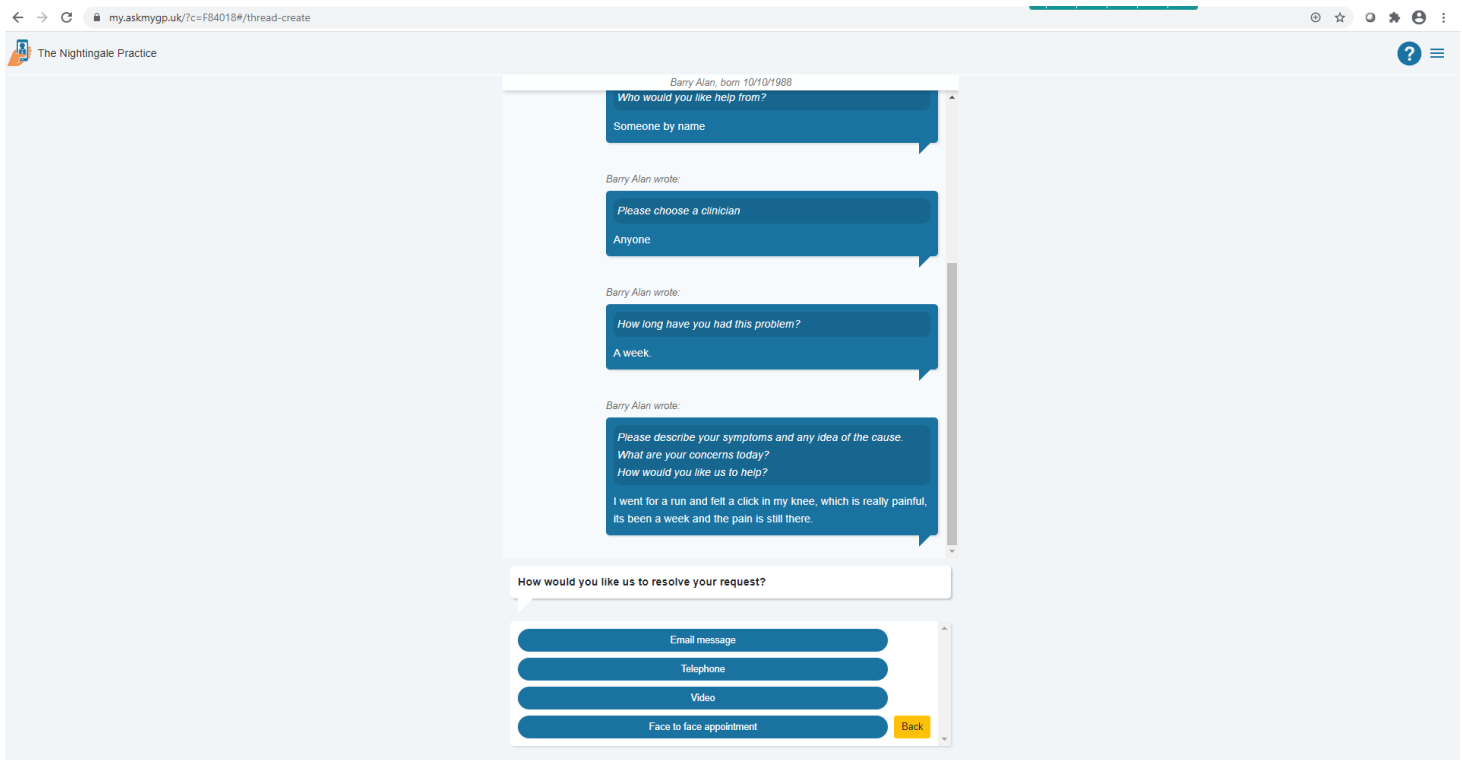
10. You will then be asked how long you have had this problem.



11. You will then be asked to describe your symptom and any idea of the cause, you can also attach a photo or document.



12. Finally you will be asked how would you like us to resolve your request – Email message, Telephone, Video or Face to Face appointment.



13. Your request is now complete and someone at the practice will deal with your request and get back to you.

my.askmygp.uk/?c=F84018#/thread-create

The Nightingale Practice

Barry Alan, born 10/10/1988

Who would you like help from?

Someone by name

Barry Alan wrote:

Please choose a clinician

Anyone

Barry Alan wrote:

How long have you had this problem?

A week.

Barry Alan wrote:

Please describe your symptoms and any idea of the cause.  
What are your concerns today?  
How would you like us to help?

I went for a run and felt a click in my knee, which is really painful, its been a week and the pain is still there.

Barry Alan wrote: 30/07/2020 12:24

How would you like us to resolve your request?

Email message

The Nightingale Practice wrote: 30/07/2020 12:24

Thank you, service is now open and we will respond as soon as possible. Please look for any emails from no-reply@askmygp.uk.